The “glacial” sapropel S6 (172 ka; MIS 6): A multiproxy approach to solve a Mediterranean “cold case”

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ABSTRACT

Sequences of dark, organic-rich sediment layers (sapropels) exist throughout the Neogene of the Mediterranean Sea sedimentary record. While the mechanisms behind their cyclical deposition are not entirely understood, they have been found to correspond with precession minima (Northern Hemisphere [NH] insolation maxima). This causes NH summer monsoon to shift northward and intensify, which increases precipitation over North Africa and alters Mediterranean freshwater budget, leading to restricted bottom-water ventilation and anoxia. Most Mediterranean sapropels were deposited during interglacial periods, but sapropel S6 formed during the penultimate glaciation of Marine Isotopic Stage 6 (MIS 6; 190–130 ka), during which the Eurasian ice sheet extended to its maximum size of the Quaternary. Eurasian ice-sheet melting may have provided an additional input of freshwater to the Mediterranean during S6 deposition. To test this hypothesis, we present a multiproxy paleoecological (planktic foraminifera, calcareous nannofossils, pollen, dinocysts) and geochemical (foraminiferal δ¹⁸O) study of S6 from the Ionian Sea. We confirm that S6 deposition resulted from an interaction of two different mechanisms of freshwater input to the Mediterranean, in which: (1) local ice-sheet meltwater discharge preconditioned the basin for stratification; and (2) increased monsoon activity over North Africa caused intense precipitation and river runoff that exacerbated water-column stratification. Our results provide new evidence for the prevalence of mild/temperate and humid conditions during S6 deposition, dispelling the notion that this “glacial” sapropel formed under cold and dry conditions and we document signals of warm (interstadial) and cold (stadial) conditions within S6 in the eastern Mediterranean basin.

1. Introduction

Mediterranean sapropels are dark sediment layers that contain higher organic carbon concentrations than surrounding sediments (Calvert, 1983; Cita et al., 1977; Kidd, 1978; Kullenberg, 1952; Murat and Got, 1987; Olausson, 1961; Ryan and Cita, 1977; Vergnaud-Grazzini et al., 1977; Vergnaud-Grazzini, 1985). They occur (quasi) periodically across the geological archive as far back as ~13.5 Ma during times of Northern Hemisphere [NH] summer insolation maxima concurrent with high-amplitude precession cycles (Rossignol-Strick, 1985, 1983; Rossignol-Strick et al., 1982). This specific orbital configuration increases both seasonal and land-sea temperature contrasts in the NH, intensifying NH monsoon systems (Rohling and Hilgen, 1991) as well as expanding the spatial extent of monsoon activity over North Africa (“green Sahara”.

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periods; GSP; Larrasoana et al., 2013; Tierney et al., 2011, 2017). This greatly enhanced freshwater drainage from the Nile River and the wider North African margin into the Mediterranean basin (Grant et al., 2022; Larrasoana et al., 2013; Osborne et al., 2008; Rohling et al., 2002).

Consequently, the density structure of the Mediterranean overturning circulation (MOC) was disturbed, creating intense water column stratification that hampered deep-sea circulation and inhibited bottom water oxygenation (Cita et al., 1977; Kullenberg, 1952; Rohling, 1994; Rohling et al., 2015; Rohling and Gieskes, 1989; Ryan, 1972; Stanley et al., 1975; Thunell et al., 1977). In addition, the enhanced nutrient input into the basin causes enhanced export production and resultant biological oxygen demand in deep waters (Boyle and Lea, 1989; Calvert, 1983; Calvert et al., 1983; de Lange and Ten Haven, 1983; Nijenhuis and de Lange, 2000; Rohling, 1994; Rohling and Gieskes, 1989; Rossignol-Strick et al., 1982; Ten Haven, 1986; van Helmond et al., 2015; Zwiep et al., 2018). Together, these oceanographic responses to enhanced freshwater influx caused basin-wide bottom water anoxia in the eastern Mediterranean Sea and, ultimately, the deposition of sapropel layers (Emeis et al., 2003; Rohling, 1994; Rohling et al., 2009, 2015). However, the more specific interplay of mechanisms behind individual sapropel formation remains debated due to regional variability of sapropels across large spatial scales, given that individual sapropel episodes vary depending on time, location, water depth of deposition, and other environmental factors (Rohling et al., 2015).

Unlike sapropels S6 and S8, which formed during glacial periods, most sapropels formed during interglacial periods (Bard et al., 2002; Rossignol-Strick, 1983; Ryan, 1972; Vergnaud-Graizini et al., 1977). Because the previously discussed mechanisms underlying sapropel formation are more likely to occur during interglacial climates, it has been assumed that S6 and S8 formed despite adverse, cold conditions (e.g., Castradori, 1993; Emeis et al., 2003; Zirs et al., 2019). Sapropel S6 dates from 187.5 to 165.5 ka (Konijnendijk et al., 2014; Ziegler et al., 2010), which deposited during glacial Marine Isotopic Stage (MIS) 6 (190–130 ka) (Rahbach et al., 2015) when the Riss (lower latitude) and the Saalian (higher latitude) glaciations of Europe are reported, with arguably the largest Eurasian ice sheet of the Late Pleistocene (Colleoni and Liakka, 2020; Ehlers et al., 2018; Rohling et al., 2017). However, the growth of this ice sheet was punctuated by millennial-scale episodes of ice loss, as indicated by 1) accumulation of detrital material recorded in the NE Atlantic (Boswell et al., 2019; Eynaud et al., 2007; Toucanne et al., 2009), 2) smaller European ice-sheet volumes at times of maximum summer insolation (Bintanja and Van de Wal, 2008), and 3) meltwater inputs to the Black Sea (Badetscher et al., 2011; Wegwerth et al., 2020, 2019, 2014). At the same time, (Barker et al., 2019) identified the insolation peak at 173 ka (coeval with S6) as an incomplete deglaciation. Furthermore, previous studies on global (Barker et al., 2011; Cheng et al., 2016; Ding et al., 1999; Hodell et al., 2022; Marino et al., 2013; Obrochta et al., 2014; Shackleton et al., 2000) and regional (Bard et al., 2002; Bar-Matthews et al., 2003; de Abreu et al., 2003; Genty et al., 2003; Margari et al., 2010, 2014; Martrat et al., 2004, 2007; Nehme et al., 2018; Regattieri et al., 2014, 2021; Rousseau et al., 2020; Siervo and Andersen, 2022; Wainer et al., 2015; Wegwerth et al., 2020; Wilson et al., 2021) developments during MIS 6 using pollen, speleothems, alkenone-derived SSTs, foraminiferal stable isotope and trace element analyses, and ice-core records indicate pronounced millennial-scale climate variability during MIS 6 (i.e., interstadial-stadial cycles similar to those in MIS 3; (Grant et al., 2016)). These millennial-scale climatological cycles are thought to relate to interactions within the ocean-atmosphere-ice sheet system (bipolar see-saw; Blunier and Brook, 2001; Broecker, 1998; Marino et al., 2013; Pedro et al., 2018; Stocker and Johnsen, 2003) with substantial impacts on the North Atlantic and Mediterranean Sea regions. Most recently, (Siervo and Andersen, 2022) (2 produced high-resolution planktic and benthic foraminiferal δ18O and δ13C records for the Iberian Margin through the penultimate glacial cycle, detailing these climate oscillations, where negative planktic foraminiferal δ18O shifts represent interstadials that align with those in the North Atlantic (Barker et al., 2011). Using their new reference record for MIS 6 millennial-scale climate variability in the North Atlantic, (Siervo and Andersen, 2022) briefly proposed that a second freshwater source in addition to North African discharge played a role in S6 deposition, namely the meltwater discharge from the Eurasian/Alpine ice-sheet through the Atlantic inflow and Rhone River inflow into the Western Mediterranean and from Po River inflow into the Eastern Mediterranean. Meltwater as a freshwater source during sapropel formation has also been suggested previously for S6 by Emeis et al. (2003; Kallel et al. (2000); Piva et al. (2008); Schmied et al. (1998, 2003); Thunell et al. (1983), and for other Pleistocene sapropels by Thunell and Williams (1989); Grimm et al. (2015); Grant et al. (2016); Azibeiro et al. (2021).

Here we aim to 1) assess the environmental responses on the basis of high-resolution (∼350 years) foraminiferal stable isotope (δ13C and δ18O) and micropaleontological (foraminifera, calcareous nannofossils, dinocysts, pollen) investigations through sapropel S6 in Ionian Sea core M25/4–12 (37°58′N, 18°11′E; 2467 m water depth), 2) shed light on the mechanisms behind the formation of “glacial” sapropel S6 by exploring the climatological and oceanographic conditions during formation, and then contribute to answer the question if meltwater input exert a substantial control on sapropel S6 deposition.

2. Methods

Core M25/4–12 was collected in 1993 during R/V Meteor cruise M25 Leg 4 in the Ionian Sea (37°58′N, 18°11′E) (Fig. 1), from the Calabrian slope at 2467 m water depth. The core was described in (Negri et al., 1999) and contains sapropels S1 – S10 (S2 being a missing sapropel during glacial MIS2), which span the last 330 ka, interbedded with normal bioturbated hemipelagic sediments including tephra layers Z-1 to V-4. This paper focuses on sapropel S6, recorded within core section IX (section depth 800–900 cm), as well as the surrounding sediments including the preceding core section VIII (section depth 700–800 cm). The dark intervals that we ascribe to sapropel S6 is found between 811 and 846 cm core depth and is tripartite in appearance (e.g., Bleischmidt et al., 1982; Calvert and Fontugne, 2001; Cita, 1982; Cita et al., 1977, 1984; Emeis and Party, 1996; Fontugne and Calvert, 1992; Kallel et al., 2000; Parisi and Cita, 1982; Vergnaud-Graizini, 1985; Vergnaud-Graizini et al., 1977); i.e., it is divided into three sections (here named, from old to young, S6a, S6b, and S6c) by two interruptions at 826.0–824.5 cm and 821.0–819.0 cm ( INTERRUPTION I and INTERRUPTION II, respectively) (Fig. 2). At the base of the sapropel in section S6a, two tephra layers were visually identified (Michael Kraml, pers. comm.) at 844.5–843.5 cm and 842.5–841.5 cm (V-2 and V-0, respectively; Keller et al., 1978; Kraml, 1997). Tephra layer V-2 is calc-alkaline and tephritic in composition with leucite and melilitte, which suggests that it relates to activity in the Roman Comagmatic Province (Narcisi and Vezzoli, 1999) (See Fig. 2).

For foraminiferal, calcareous nannofossil, and stable isotope analyses (in planktic foraminifera), samples were collected every 1 cm inside the non-bioturbated sapropel and every 10 cm from bioturbated sediments outside the sapropel. For the analyses of pollen and organic-walled dinoflagellate cysts (dinocysts), the sapropel interval was sampled every 1 cm and at coarser resolution above and below it (Table 1). The sample spacing was chosen to optimize resolution within the non-bioturbated sapropel, where even the abrupt abundance variaions are preserved.

2.1. Planktic and Benthic Foraminifera

Samples for foraminiferal analyses were dried at 60° C, dry weighed, and washed through a 63 μm mesh sieve. For each sample, planktic foraminiferal counts were carried out on subsamples of at least 300 individuals in the >150 μm size fraction. This size fraction guarantees that species have reached the adult stage, and identification is most reliable.
Specimens were hand-picked, identified to species level, and counted. Some individuals could only be identified down to genus level (labelled “sp.” after the genus name). Only total benthic foraminiferal numbers were counted; they were not taxonomically identified. Raw counts were transformed into absolute abundances (individual per gram sediment) and relative abundances (% relative to total planktic foraminifera counted per sample). All the data are reported in the supplementary material Table A.

Based upon ecological preferences (Rohling et al., 1993; Schiebel et al., 1999; Sabbatini et al., 2012).
and Hemleben, 2017) we lumped together *G. ruber* alba (white), *G. ruber* ruber (pink), Globigerinoides conglobatus, Globigerinoides elongatus, Triloculus sacculifer, Triloculus trilobus, *G. siphonifera*, Globigerinella calida, Globoturbinolina rubescens, and Orbulina universa as the warm group. *Globorotalia scitula* and *Tr. quinqueloba* were lumped together as the cold group. Lastly, *N. dutertrei*, Globigerinella glutinata, Globigerinella bulloides, and *T. quinqueloba* were grouped together as productivity-affiliated species.

We have applied the modern analogue technique (MAT; Hutson, 1980) to estimate SST variations within our record based on the planktic foraminiferal assemblage counts. We used the Mediterranean training set of (Hayes et al., 2005) considering the 10 closest analogues and using weighted averages. The distance metric was quantified using the square chord distance. The analoque package (Gavin L. Simpson) of Rstudio was used to establish the Transfer Function. Bootstrapping was not used.

### 2.2. Calcareous nanofossils

Each sample was prepared for calculation of calcareous nanofossils accumulation rates following (Flores and Sierro, 1997). Samples were assessed with a cross-polarized-light binocular microscope at 1250× magnification. For the identification we followed the taxonomy of (Hayes et al., 2005) considering the 10 closest analogues and using weighted averages. The distance metric was quantified using the square chord distance. The analogue package (Gavin L. Simpson) of Rstudio was used to establish the Transfer Function. Bootstrapping was not used.

### 2.3. Palynology: pollen and dinocysts

A total of 41 samples encompassing S6 was processed for marine and terrestrial palynology following standard methods in use at Utrecht University and based on (Wood, 1996). Sediment samples were dried in an oven at 60 °C before palynological processing. After the addition of *Lycopodium clavatum* spore tablets (batch no. 3862, X = 9666, ± 2123 for S6) to an exact amount of dry sediment to determine palynomorph concentrations, samples were decalcified overnight using 10% hydrochloric acid (HCl). They were then decanted, rinsed with water, and centrifuged for 5 min at 2200 rotations per minute (rpm). After decanting, silicates were removed by cold 38% hydrogen fluoride (HF) addition. Samples were placed on a shaker table for two hours at ~250 rpm to complete the reaction. Samples were then filled with water, settled overnight, centrifuged for 5 min at 2200 rpm, and decanted the day after. A surplus of 30% HCl was added to remove silicate gels. Thereafter, samples were centrifuged for 5 min at 2200 rpm, and decanted. Residues were sieved over a 250-μm mesh to remove the largest debris particles and over a 10-μm mesh and used for slide preparation with glycerin water. Two slides were made for every sample. Dinocysts and pollen and spores were identified to species level, when possible, using a light microscope at 400× magnification. Dinocyst taxonomy follows (Williams et al., 2017). Pollen taxonomy follows (Beug, 1961; Reille, 1992). We lumped as “cold species” group Spiniferites elongatus, Bitectatodinium tepikiense, Atuxiodinium choane, and *N. labyrinthus*, and as “productivity-affiliated species group” Bitectatodinium tepikiense and Brigantedinium spp. following (Sangiorgi et al., 2003, 2002). All the data are reported in the supplementary material Table A.

### 2.4. Stable isotopes (δ¹⁸O)

Foraminiferal tests of *G. ruber* (surface dwelling species) and *N. incompta* (subsurface dwelling species previously referred to as *N. pachyderma* dextral; (Rohling et al., 2004) were picked from the 300–350 and 250–300 μm size fractions, respectively, according to the methodology in (Grant et al., 2012), and analyzed for δ¹⁸O. In samples where large individuals were not available, the 250–300 μm and 200–250 μm size fractions were utilized for *G. ruber* and *N. incompta*, respectively. Between 10 and 33 specimens (average: 20) were analyzed per sample, at the Australian National University on a DELTA V mass spectrometer with Kiel IV individual acid-bath carbonate preparation line. Standards (NBS-19 and in-house Carrara marble) were run every 17 samples. Values are reported in parts per thousand (‰) relative to the V-PDB standard, and external precision is better than 0.06‰.

### 2.5. Uncertainty determination

To determine the accuracy of the assessment of the fractional abundances for each sample it is important to report the error in relation to the number of total individuals counted (Patterson and Fishbein, 1989). Error analysis of the individual sample census data (planktic foraminiferal, pollen, and organic-walled dinoflagellate cyst) of our study was performed using the standard error (s₁) equation (eq. 1) reported by (Patterson and Fishbein, 1989), where xᵢ represents species abundance fraction and N represents total number of individuals. This equation has been reported to better analyze accuracy than the fractional standard deviation (Patterson and Fishbein, 1989; Wright et al., 1971). Estimates at the 1σ level were obtained.

\[
s_1 = \left[ x_i (1 - x_i) / N \right]^{1/2} \tag{1}\n\]

Probabilistic analysis is performed for the various records based on uncertainties described above for the planktic foraminiferal, pollen, and organic-walled dinoflagellate cyst assemblage data and the Mean Annual Temperature (MAT) reconstructions obtained from planktic foraminiferal census counts. In addition, the analysis evaluates the uncertainties in the chronology of core M25/4–12 (see section 4). We employ a Monte Carlo approach in MATLAB (Marino et al., 2015; Rodriguez-Sanz et al., 2017; Thirumalai et al., 2016). Input data are sample ages with their 1σ uncertainties and planktic foraminiferal and palynological data with their 1σ standard errors. For each time series, individual data points are separately and randomly sampled 10,000 times within their chronological and proxy uncertainties. The chronological uncertainties are evaluated by imposing a stratigraphic constraint (monotonic increase of age with depth, analogous to (Rohling et al., 2014)) to the data that are measured in a stratigraphically coherent...
manner along core M25/4–12. This is done by using a random walk Monte Carlo routine that employs a Metropolis–Hastings approach to reject steps in the random walk that result in age reversals (Rodriguez-Sanz et al., 2017). Finally, each of the 10,000 time-series iterations is linearly interpolated and the probability distribution assessed at each time step, thereby determining the median (50th percentile) and the 68% (16th–84th percentile) and 95% (2.5th–97.5th percentile) probability intervals.

3. Age model

We converted depth into age for core M25/4–12 (Table 2; Fig. 3) using tie-points defined by aligning top, bottom, interruption midpoint, and midpoint depths (following the tie-points of Ziegler et al. (2010) recorded in the sedimentological core description (based on colour; Michael Kraml, pers. comm.) to the established ages used for alignment with eastern Mediterranean sapropels (ODP site 968; (Ziegler et al., 2010); Table 2). The age for each sample was then determined using linear interpolation between tie-points. The sedimentation rate for sapropel S6 in core M25/4–12 is ~2.8 cm/kyr. Results are presented in abundance/depth plots, while the discussion will refer to time.

Age uncertainties were obtained through linear interpolation using age uncertainties calculated for the oxygen isotope record from Sanbao cave stalagmites reported by (Wang et al., 2008).

4. Results

Planktic foraminifera (Fig. 4) are more abundant in the middle of the sapropel layer. They are relatively well preserved in all samples and 35 taxa were identified, with N. dutertrei as the dominant species on average (0.2–51.4%, mean 22.6%), followed by T. quinqueloba (0.6–51.0%, mean 20.6%), N. incompta (2.6–37.9%, mean 13.0%), and G. glutinata (0.3–31.9%, mean 9.2%). The relative abundance of the G. ruber group reaches its highest before the sapropel between 880.5 and 849.5 cm, is low throughout the sapropel with some small fluctuations, and then rises at the end of and after the sapropel (Fig. 4). N. dutertrei (Fig. 4) is absent before S6 and shows a small peak at the base. Relative abundances then gradually increase to a major peak between 843.5 and 832.5 cm, another large peak at Interruption I, and a smaller peak at Interruption II. Throughout the upper half of the sapropel S6 (828.5–810.5 cm), N. dutertrei percentages decrease gradually to near-absence after the sapropel. T. quinqueloba (Fig. 4) does not show a major relative abundance increase until 834.5 cm, from which it continues to increase to an abundance maximum at ~830.5 cm. Then follows an overall decrease throughout the rest of the sapropel including a few small peaks, while abundances are very low after the sapropel. Globorotalia inflata percentages only show small peaks directly before and after sapropel S6 (Fig. 4). Benthic foraminifera show small peaks only before sapropel S6, near the interruptions, and immediately after S6.

As for SST, estimates obtained by the MAT range between 10.6 and 13.5 °C (12.2 °C on average), the average standard deviation is ±0.46 °C, and the dissimilarity index (DI) is 0.48 on average.

Calcareous nanofossils are abundant (Fig. 5) and generally well preserved in all samples. Gephyrocapsa “small” is the dominant taxon (1.36 × 10^7 – 3.74 × 10^7 N/g, mean 2.85 × 10^7 N/g) followed by Florisphaera profunda (1.10 × 10^5 – 1.31 × 10^5 N/g, mean 6.90 × 10^5 N/g) and Helicosphaera carteri (4.48 × 10^5 – 6.91 × 10^5 N/g, mean 3.21 × 10^5 N/g). Coccolithus pelagicus abundance ranges from 1.31 × 10^5 – 1.81 × 10^5 N/g with an average of 7.24 × 10^4 N/g. High F. profunda abundances are recorded before the sapropel until a distinct peak at ~842.5 cm, after which a gradual decrease is seen throughout the rest of the analyzed interval (Fig. 5). H. carteri has lower abundances before sapropel S6 but reaches a large peak at ~843.5 cm, immediately followed by a decreasing trend with fluctuations of lower values toward the top of the studied interval (Fig. 5). Finally, C. pelagicus abundances are high before sapropel S6, reaching a major peak (1.71 × 10^5 N/g) below the base of the sapropel at ~848.5 cm and then declining to low but almost constant values in the studied interval. Placoliths show high abundances throughout all samples, with small fluctuations. The UPZ group has high abundances before sapropel S6 and in the lower half of S6a, followed by a gradual decrease through the rest of the sapropel with some peaks at ~840 and ~827.5 cm.

In the pollen data, 18 taxa were recorded (Fig. 6). Sapropel S6 is dominated by pollen originating from trees with a mean of 75.8%, while herbs are rarer (mean 24.2%). Within the sapropel interval, deciduous Quercus robur-type is the dominant taxon (18.8–43.0%, mean 31.1%; Fig. 5), followed by Pinus (9.6–36.7%, mean 23.7%), and evergreen Quercus (Q. ilex-type and Q. cerris-type) (7.9–27.1%, mean 13.9%). Within the herb group, Artemisia is the most dominant (Fig. 6), followed by Caryophyllaceae, Chenopodiaceae, Poaceae and Cyperaceae. Quercus and Pinus abundances vary in similar ways, with relatively low and constant values throughout the sapropel. Notably, abundances of the herb taxon Artemisia, indicative of seasonally dry conditions, increase toward the top. Both tree and herb pollen abundances are fairly constant throughout sapropel S6, whereas a major increase occurs in tree taxa and a large decrease in herb taxa after sapropel S6, although this coincides with a large decrease in pollen concentration and count, suggesting a significant preservation bias across this transition.

A total of 20 dinocyst taxa were identified. Fig. 6 shows that, within the sapropel interval, Spiniferites spp. is the dominant taxon (0–61.8%, mean 28.6%), followed by Brigantedinium spp. (0–55.2%, mean 19.0%), Nematosphaeropsis labyrinthica (1.3–41.7%, mean 13.9%), and Impagidinium aculeatum (1.4–17.3%, mean 8.9%). I. aculeatum relative abundances are low and constant throughout sapropel S6, and peak after the sapropel at 800.5 cm, while absolute abundances are broadly similar but peak at 822 cm. Lingulodinium machaerophorum (mean 3.4%) absolute abundance peaks at the base of sapropel S6 at 841.5 cm, followed by a decrease, and then another peak at 831 cm, after which a gradual decrease occurs through the rest of sapropel S6 with minor fluctuations (Fig. 6). Both cold species and productivity-affiliated species groups show low values in the lower half of the sapropel (845–828.5 cm), transient peaks around 830 and 820 cm and higher values in the upper half of the sapropel (828.5–810.5 cm).

As for stable isotopes (Fig. 7), δ^{18}O_N. ruber ranges from ~1.15 to 1.95% and δ^{18}O_N. incompta from ~0.87 to 3.02%. Both δ^{18}O profiles follow the same general behavior with more positive values before sapropel S6 followed by a large negative excursion from ~849 cm that culminates at ~845 cm and ~839.5 ka, respectively. Thereafter, a weak trend toward positive values persists through the rest of sapropel S6,
with superimposed fluctuations. At the point where the visual appearance of sapropel S6 has ended, there is a particularly prominent \( \delta^{18}O_{\text{N. incompata}} \) increase.

5. Discussion

Sapropels deposited in response to a high versus low latitude climate interplay, that pertains to the freshwater input to the basin tied to NH ice-sheet instability (high latitudes) and NH monsoon intensification (low latitudes). A mechanism that has been previously suggested to operate in the Mediterranean region (Colleoni et al., 2012).

Our results indicate that sapropel S6 is characterized by increased primary productivity in the upper water column relative to non-sapropel intervals. This is indicated by the high percentages of productivity-affiliated foraminiferal taxa (Neogloboquadrina dutertrei, Globigerinita glutinata, Globigerina bulloides, and T. quinqueloba) (Fig. 8). Among calcareous nannofossil the Deep Chlorophyll Maximum (DCM) indicator F. profunda (Castradori, 1993; Negri et al., 1999; Fig. 5 and 10) shows a peak at the very base and then decreases in the remainder of the sapropel layer, while the increase of H. carteri suggests enhanced river input (Negri et al., 1999). Higher productivity and the development of the DCM are common features of the sapropel formation (Castradori, 1993). These are ascribed to enhanced nutrient supply due to higher, monsoon-fueled river discharge (Halim et al., 1967). In addition, they represent the hydrographic responses to buoyancy gain due to a positive shift in the basin’s freshwater budget (Grelaud et al., 2012; Incarbona et al., 2022; Myers et al., 1998; Rohling and Gieskes, 1989) which is a typical characteristic of many studied sapropels (Calvert, 1983; Calvert and Pedersen, 1993; Castradori, 1993; De Lange et al., 2008; Emeis and Party, 1996; Rohling, 1994; Rohling et al., 2015; Rohling and Gieskes, 1989, among others). More surprisingly, our data suggest that temperatures were relatively mild and/or temperate during sapropel S6 ranging between 10.6 and 13.5 °C (12.2 °C on average ± 0.46 °C standard deviation), rather than prominently cold as it could be expected during a glacial period. Notably, warm water planktic foraminiferal percentages are high, although cold water taxa dominate (Fig. 8) while alkenone data indicate mean annual temperatures as low as 12 °C (Emeis et al., 2003). In this regard, N. dutertrei is a main faunal component of our sapropel S6 assemblage (Fig. 4 and 8), in agreement with previous findings (Capotondi et al., 2011; Cita et al., 1977; Corselli et al., 2002; Parisi et al., 1987; Triantaphyllou et al., 2010; Violanti et al., 1991). This species is described as able to tolerate temperatures between 13 °C and 33 °C under laboratory conditions but in the natural environment is most frequent in tropical to subtropical waters, and sometimes is present in temperate waters during summer (Schiebel and Hemleben, 2017). However, in the modern Mediterranean Sea, the only higher abundances are recorded in the coldest NW area (Azibeiro et al., 2023). Also, (Toledo et al., 2007; Triantaphyllou et al., 2010) mention N. dutertrei as indicative of both high productivity/nutrients and milder temperatures.

This suggests that sapropel S6 deposition coincided with mild and/or temperate climate conditions and high upper water column productivity.

Our pollen record (Fig. 6 and 9) shows a clear dominance of tree taxa over herb taxa and predominance of deciduous oaks, which corroborates the existence of warm and relatively humid conditions (Wagner et al., 2019) rather than cold and arid conditions in the region of the Ionian Sea, which is further supported by a relatively low abundance of Artemisia (an indicator of dry environments (Donders et al., 2021; Fig. 6) especially in comparison to other glacial and interstadial sapropels (Rossignol-Strick and Paterne, 1999; Zwief et al., 2018; Fig. 6).

The strong negative \( \delta^{18}O \) shift in our record (Fig. 7 and 10) agrees with the claim of (Emeis et al., 2003) that the onset of sapropel S6 featured among the largest negative \( \delta^{18}O \) shifts of the entire S1-S10 series, which they attribute to a strong freshwater input to the basin due to increased African monsoonal rainfall (Vergnaud-Graziini et al., 1977). Additional evidence comes from the wider literature. For example, the speleothem stable isotope record of Soreq Cave (Israel) (Ayalon et al., 2002). indicates humid conditions throughout MIS 6, especially between 180 and 178 ka, which the authors linked to a period of African monsoon intensification (Ayalon et al., 2002). The stalagmite oxygen isotope record from Argentarola Cave (Italy) similarly indicates a humid period between 180 and 170 ka (Bard et al., 2002; Fig. 10). Also, substantially increased precipitation over Corsica is indicated during MIS6 between ~180–170 ka, by \( \delta^{18}O \) measurements from a borehole drilled in the North Tyrrenhian Sea (Toucanne et al., 2015). A
multiproxy speleothem record of the Southern Alps has been used to infer increased cyclogenesis over the Northern Tyrrhenian Sea at 180–170 ka, resulting in wet conditions, hydrological instability, and intense precipitation (Regattieri et al., 2021). Fluctuations in tree population extent observed in Mediterranean terrestrial pollen records suggest cool and wet conditions between 185 and 155 ka (Roucoux et al., 2011) and reduced summer aridity during MIS 6e (~178–166 ka; Margari et al., 2010). Meanwhile, speleothem hiatuses at 182.1 ka – 169.2 ka in the Piani Eterni record (Southern Alps; Columbu et al., 2018) and at 175–164 ka in the Peqiin record (Northern Israel; Bar-Matthews et al., 2003) suggest flooding of caves due to increasingly wet conditions (Regattieri et al., 2021).

The age of the above reported events coincided with an episode of African Monsoon intensification from ~179 to 165 ka (Fig. 10; Bard et al., 2002), because NH summer insolation rose toward a maximum while precession declined toward a minimum (Fig. 8). Lastly, an increase in winter rainfall and moisture in the northern Mediterranean region has been recorded in Lake Ohrid (located between North Macedonia and Eastern Albania) for the duration of sapropel S6 (Wagner et al., 2019). Together, these observations portray a notable period of humidity/precipitation increase in the Mediterranean region during MIS 6, and particularly during sapropel S6 formation.

5.1. Two step nature of the sapropels S6 onset

The largest negative δ18O shift in our record marks the onset of sapropel S6 (Fig. 7 and 10). All Mediterranean sapropels show prominent, negative δ18O shifts at their onset (Calvert, 1983; Cita, 1982; Cita et al., 1977; Emiliani, 1955; Fontugne and Calvert, 1992; Mangini and Schlosser, 1986; Thunell et al., 1983; Thunell and Williams, 1989; Vergnaud-Graziini et al., 1977; Williams et al., 1978; Williams and Thunell, 1979). This feature is commonly attributed to
monsoon-fueled freshwater input (Grant et al., 2022, 2017; Heslop et al., 2023; Osborne et al., 2008; Rohling et al., 2002; Rossignol-Strick, 1985, 1983; Rossignol-Strick et al., 1982) although the potential role of glacial meltwater input has also been discussed (Emeis et al., 2003; Kallel et al., 2000; Piva et al., 2008; Schmiedl et al., 1998, 2003; Thunell et al., 1983).

Our high-resolution δ¹⁸O_G. ruber record combined with the calcareous nannofossil data exposes a two-step nature for the negative shift...
higher than expected and a coincident abundance decrease of dry, cold-indicating taxa (e.g., *Artemisia*) (Fig. 6). Moreover, dinocyst *L. machaerophorum*, associated with seasonal stratification (Sangiori and Donders, 2004; Zonneveld et al., 2013) peaks in abundance (Fig. 6) together with heterotrophic dinocysts indicative of riverine discharge (Dale, 2009; Limoges et al., 2013; Radi and de Vernal, 2008; Sangiori and Donders, 2004; Zonneveld et al., 2013). The calcareous nanofossil species, *C. pelagicus* (Fig. 10), an indicator of colder water and high nutrient environments (Andruleit, 1997; Baumann, 1995; Cachao and Moita, 2000; McIntyre and Be, 1967; Okada and McIntyre, 1979; Raffi and Rio, 1981; Winter, 1994), was abundant during the first δ18O step, but severely decreases in abundance at the second δ18O step (Fig. 10). Also, in the same figure peaks occur in the abundances of the warm water, riverine discharge indicator *H. carteri* (Andruleit and Rogalla, 2002; Baumann et al., 2005; Brand, 1994; Cros et al., 2000; Dimiza et al., 2014; Findlay and Giraudeau, 2002, 2000; Giraudeau, 1992; Negri et al., 1999; Triantaphyllou et al., 2009; Ziveri et al., 2004, 1995) and the Deep Chlorophyll Maximum and stratification indicator *F. profunda* (Castradori, 1999; Negri et al., 1999) (Fig. 10), and the increased nutrient and riverine discharge indicating (Fig. 5 k). Similar abundance peaks have been noted for these calcareous nanofossil taxa in other cores (Libyan Sea, Triantaphyllou et al., 2013; Ionian/Libyan Sea, Castradori, 1993). Hence, we argue that the second δ18O step at the sapropel S6 onset represents both an increase in monsoon freshwater input and surface water warming.

Overall, we infer a two-step mechanism for the formation of S6, comprising (1) ice-sheet instability that caused local meltwater events, which preconditioned the basin for stratification, followed by (2) African monsoon intensification that increased precipitation and river runoff, with concomitant (surface water) warming, which accelerated water-column stratification.

### 5.2. Sapropel S6 interruptions

Sapropel interruptions (generally characterized by transient benthic foraminiferal repopulations) occur not only in sapropel S6 but also in other sapropels, such as S1, and are related to weakened monsoon influences and/or cooling (Abu-Zied et al., 2008; Mercen et al., 2001; Rohling et al., 1993, 2015; Rohling and Pälike, 2005). Also, atmospheric variability has been demonstrated an integral feature of the system (Dirksen and Meijer, 2020). The youngest half of sapropel S6, which contains both interruptions, bears relatively low warm-water foraminiferal relative abundances and high cold-water foraminiferal (Fig. 8 Fig. 10) and dinocyst abundances (Fig. 9). Together, these features indicate colder temperatures relative to the older part of sapropel S6, in apparent agreement with the summer insolation (Fig. 8; Berger and Loutre, 1991 and RSL decrease (Fig. 10; Grant et al., 2014), Schmiedl et al. (2003) argued that slight coolings during deposition of the younger half of sapropel S6 would have sufficed to disrupt water-column stratification, leading to deep-sea ventilation events, in contrast to sustained stratification during deposition of the older half of the sapropel, which formed under warmer conditions. Similar to the interruption in S1, the sapropel S6 interruptions are marked by reappearance of benthic foraminifera (Fig. 4) reflecting bottom-water reventilation associated with the cooling events (Casford et al., 2003; Jorissen, 1999).

### 5.3. Millennial-scale climate variability during sapropel S6

(Sierro and Andersen, 2022) provide evidence that millennial-scale climate variability and associated warming events affected the North Atlantic, including the Iberian Margin, during sapropel S6 deposition, and that this also affected the Eastern Mediterranean basin. Unlike the variability seen in our δ18O_g. ruber record (Fig. 7 and 10), our δ18O_N. incompta (subsurface species; Fig. 7 and 10) shows only a general negative “bell” shape curve, with major shifts only at the onset and the termination of sapropel S6. Given that δ18O_N. incompta changes (freshwater input) at the sapropel S6 onset in the Ionian Sea, with a first step directly before S6 (~178.6 ± 0.78 ka; arguably with a gradual onset from ~183 ± 0.85 ka) and a second step at the very onset of the sapropel (~177.9 ± 0.78 ka; Fig. 5 and 10).

The first step coincides with a peak of cold-water, surface-dwelling foraminifera (Fig. 10), a prominent abundance peak of the calcareous nanofossil taxon *C. pelagicus* (Fig. 5 and 10), which is an indicator of colder water and high nutrient environments (Cachao and Moita, 2000; Cita et al., 1977; Negri et al., 2003; Tolderlund, 1971), and a decrease in estimated SST (Fig. 10). Furthermore, increasing values of Relative Sea Level (RSL; Grant et al., 2014) are seen before sapropel S6, in contrast to the relatively stable values recorded at its onset (Fig. 10). This suggests that the first step may represent a preconditioning freshwater input into the basin from glacial meltwater. The likely role of alpine meltwater in the formation of western Mediterranean sapropels provides additional support for this inference (Rohling et al., 2015).

The second step occurs at the sapropel S6 onset (~177.9 ± 0.78 ka; Fig. 5 and 10) when *C. pelagicus* shows an abrupt decrease. The orbital configuration at this time became typical for times of monsoon intensification when precession reaches its minimum (Fig. 8; Berger and Loutre, 1991), which explains a large negative shift in Argentarola δ18O (Bard et al., 2002; Fig. 10). We therefore suggest that the second step in δ18O_g. ruber Negative shift (Fig. 7 and 10) at least partly reflects increasing freshwater input due to African monsoon intensification. Yet, we consider not only freshwater input, but also temperature changes, whereby the δ18O_g. ruber negative shift could also (partly) indicate surface water warming. We note an absence of cold-water, surface-dwelling foraminifera at the onset of sapropel S6 (Fig. 10), while we also find an abundance increase of warmth-indicating pollen taxa (e.g., *Quercus*).
predominantly in a volumetrically attenuated manner from freshwater-induced surface water $\delta^{18}O$ perturbations with some winter-cooling overprint (Rohling et al., 2014), we infer that the strong $\delta^{18}O_{G. ruber}$ variability (relative to $\delta^{18}O_{N. incompta}$) resulted mainly from superimposed surface water temperature changes during the warm season, with limited impact on winter/subsurface temperatures. We graphically correlate the three most negative values of $\delta^{18}O_{G. ruber}$ from our record with prominent warming events 6i, 6iii, and 6iv described by (Sierro and Andersen, 2022) (Fig. 10). Accordingly, the positive shifts of $\delta^{18}O_{G. ruber}$ likely represent cold spells in between the warming events. These temperature fluctuations seem to have been most notable in the warm seasons (affecting only $\delta^{18}O_{G. ruber}$). However, it cannot be excluded that these fluctuations can correlate also to salinity changes as the increased runoff signal (Log Ti/Ca in (Hodell et al., 2015)) at the Iberian margin suggests.

5.4. The end of sapropel S6 and the recovery to oxygenated conditions

The recovery to oxygenated bottom water conditions corresponded a resumption of deep-water formation and associated basin-wide water column re-oxygenation (De Lange et al., 2008; Reed et al., 2011; Reitz et al., 2006; Van Santvoort et al., 1996). There is a rich literature about this for S1, using different proxies (De Lange et al., 2008; Filippidi and De Lange, 2019; Jorissen et al., 1993; Rohling et al., 1997; Schmiedl et al., 2010; Tachikawa et al., 2015; van Helmond et al., 2015). Our stable isotope results shed light on this matter for sapropel S6. As discussed above, $\delta^{18}O_{N. incompta}$ (Fig. 10) is more likely to be impacted by major forcing that could substantially affect the subsurface, which was dominated by freshwater influences (Rohling et al., 2004). A key feature detailed by our $\delta^{18}O_{N. incompta}$ is the sharp, abrupt increase precisely at the end of the visible sapropel S6 expression (Fig. 10). This marks the end of significant freshwater influx (Fontugne and Calvert, 1992; Kallel
et al., 1997, 2000; Rohling et al., 2004; Thunell and Williams, 1989; Vergnaud-Grazzini et al., 1977) from monsoon activity and/or glacial meltwater. It also coincides with reappearance of benthic foraminifera (Fig. 9) and the planktic species *G. inflata* (Fig. 4), both indicators of deep ventilation/mixing (Rohling, 1999; Van Straaten, 1972; Vanstraaten, 1966). Additionally, the orbital configuration conducive of sapropel deposition gradually changed to conditions less favorable for sapropel deposition by the end of sapropel S6, which arguably weakened monsoonal activity, decreasing freshwater influx (Fig. 8). This is further supported by a concomitant decrease in Asian monsoon activity marked by an abrupt positive shift in Argentarola speleothem $\delta^{18}O$ (Fig. 10; Bard et al., 2002). Together, these observations imply a reduction in water column stratification, which facilitated deep convection and consequent bottom water re-oxygenation.

6. Conclusion

Glacial sapropels have traditionally received less attention than those deposited during interglacial periods, which are generally more intensively developed. We apply a high-resolution, multiproxy approach to investigate sapropel S6 that deposited during glacial Marine Isotope Stage 6. Our dataset indicates that sapropel S6 was deposited in response to a high versus low latitude climate interplay that has been previously suggested to operate in the Mediterranean region. This interplay pertains to the freshwater input to the basin tied to NH ice-sheet instability (high latitudes) and NH monsoon intensification (low latitudes). We find that these processes resulted in two mechanisms that led to S6 formation: (1) Eurasian/Alpine ice sheet meltwater input that preconditioned the basin for stratification; followed by (2) increased monsoon runoff that intensified stratification. We also observe distinct signals of millennial-scale climate variability in $\delta^{18}O_{G. ruber}$ within the Ionian Sea during the sapropel S6 deposition, which can be related to widespread stadial-interstadial cycles.

During S6 deposition, the Mediterranean region experienced a mild/temperate climate with humid conditions, which are contrasted with the notion glacial periods in this region feature cold and dry climates. Cooling is apparent through the second half of the sapropel, which helps to explain the presence of deep water re-ventilation events (sapropel interruptions). Finally, we observe that the end of the sapropel S6 deposition coincided with a sharp termination of the freshwater inputs to the basin.

CRediT authorship contribution statement

**Myers Savannah:** Writing – review & editing, Writing – original draft, Visualization, Investigation, Conceptualization. **Rohling Eelco:** Writing – review & editing, Conceptualization. **Donders Timme:** Writing – review & editing, Investigation. **Grant Katharine:** Writing – review & editing, Investigation. **Keller Jörg:** Conceptualization. **Marino Gianluca:** Writing – review & editing, Methodology, Formal analysis, Conceptualization. **Caridi Francesca:** Writing – review & editing, Investigation. **Morigi Caterina:** Writing – review & editing, Investigation. **Sabbatini Anna:** Writing – review & editing, Writing – original draft, Visualization, Investigation, Conceptualization.

Declaration of generative AI and AI-assisted technologies in the writing process

During the preparation of this work the author(s) used ChatGPT in order to improve language. After using this tool/service, the author(s) reviewed and edited the content as needed and take(s) full responsibility

![Fig. 9. Summary of palynological assemblage collected from core M25/4–12 (Ionian Sea; this study). Dots represent the recorded relative abundance (%). Shaded areas represent the 95% probability interval. Solid lines represent the probability median (50%). For sapropel legend refer to Fig. 4.](image-url)
for the content of the publication.

Declaration of competing interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

Data availability

Data are in supplementary A and B.
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Appendix A. Supplementary data

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